

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Pattie Potatoes & Gravy Fresh Broccoli Crisp Apple Slice Dinner Roll, Milk	4 Teacher Appreciation Week El-Saline Staff You are the Best! Mac & Cheese Smokies Green beans Banana Half Bread Stick Milk	5 Cinco de Mayo Chicken Fajita Lettuce & Salsa Seasoned Rice Tropical Fruit Apple Churro Strawberry Milk	6 Food Service Appreciation Week. Thank a Cook! Cook's Choice Elementary- Beef Ravioli MS/HS- ?	7 Elementary- :0) Sack Lunch- PBJ Sandwich Sun chips, Apple, Baby Carrots, Cookie, Milk Middle /High School- :0) Rib Sandwich, Chips Baby Carrots, Apple Slices Cookie, Milk
10 Corn Dogs Baked Beans Coleslaw Apple Quarters Milk	11 Cheese Burger Lettuce, Pickles Oven fries M. Oranges Milk	12 Taco Salad/Nacho Whole Grain Chips Salsa Apple Sauce Ice Cream Treat Strawberry Milk	13 Pork Chop Patty Potatoes & Gravy Green beans Mixed Fruit Dinner Roll, Jelly Milk	14 Turkey Sub Lettuce & Pickles Tater Tots Diced Peaches Teddy Grahams Milk
17 Tony's Pizza Cottage Cheese Tossed Salad Pineapple Chunks Bread Stick Milk	18 All School Picnic Hot Dogs Cheddar Sun Chips Banana Half Baby Carrots Milk	19 Last Day of School! No Breakfast or Lunch at School Happy Summer!	20 Sleep in and have some cereal with strawberries for breakfast. Yum!	21 Join a summer ball team.
24 Explore the grass below your feet.	25 Plant a flower	26 Ride Your Bike	27 Sing a Song	28 Go on a Picnic

Read a story or write one instead.

31 Guess What?

Rose hips contain more Vitamin C than any other fruit or vegetable. The oldest rose in the world is on the wall of a cathedral in Germany and is over 1,000 years old.

A La Carte

Catch some Sun Rays this Summer for plenty of Vitamin D. Enjoy green garden fresh veggies and sweet Strawberries for Vitamin A. Ripe Red or Orange fruit and Veggies for Vitamin C.
 Run, Skip, Jump, Catch, Sing, Whistle, Twist, Swim, Dance, Laugh, Sleep, Bike, Walk, Skate, Bowl, Picnic, Hug, Join, Ski, Jog, Rake, Drive, Smile, Read, Explore, Laugh, Fish, Throw, Wink, Bounce, Climb, Imagine, Slide, Look, Travel, Enjoy Your Summer Break.

School News

12-1/2 May School Days.
 Elementary-
 Breakfast-\$15.60
 Lunch-\$25.80
 MS/HS
 Breakfast-\$16.80
 Lunch-\$27.60