

CONSTRUCTION PROGRESS PICTURES

The weather this past month has allowed for considerable more work to be completed. At the elementary school we will be moving classrooms into the new area this month. Remodeling of the existing area will begin as soon as school is out for the summer. At the MS/HS the brick veneer is completed and work continues in the commons area. As soon as school is out demolition of the locker rooms will begin.



The above pictures are of a classroom, the hallway and the gym floor at the elementary school.



The above pictures are of the completed exterior/entrance to the commons area and sheetrock work inside the commons area at the MS/HS.

June/July

2011



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Ell-Saline Parents as Teachers

What Moms Should Know About Dads

As a mother, you had the joy of experiencing your child growing inside your womb. Your child's father on the other hand, was watching from the outside. Now that your child is out in the world, her father can be more involved. When he is, everybody wins.

Parenthood is a process. Parents are in a transition from a lifestyle centered on themselves to one centered on someone else. For some parents this transition is easier than for others. And it can be different for mothers than for fathers.

The more your child's father participates in everyday care of his baby, the faster they will bond. Building attachment with both his parents is good for your baby's brain.

It is equally important that you and the father spend time with each other. This helps you build a stronger and stronger relationship and gives you child the best opportunity to be

raised in harmony.

Parenting behaviors

You and your baby's father can both work to develop good parenting habits. If your baby's dad has little experience with newborns, show him how to diaper, feed and rock the baby. Encourage him all along the way. With practice, he will feel more confident about the whole situation.

You don't want to send the message that only you know what to do when it comes to caring for the baby. If you criticize him, he may decide that caring for baby is your job and not his to share. This is a loss for your baby's development-it's important to her when both her parents are involved.

Father Interaction

Interaction between fathers and children has positive effects for both. Fathers tend to develop responsibility and a sense of protection toward their child. The chemicals in their brains

change—their bodies produce more nurturing hormones and their testosterone levels go down. Children tend to play with their fathers in a more active way than they do with their mothers, which is good for developing muscles.

Children also might feel different emotion when they are with their fathers. This is because fathers tend to excite their children. Mothers, on the other hand, tend to contain or calm them. Both types of interaction are good for social-emotional development.

Finally, children enjoy hearing the lower pitch of their father's voice. From the time they are newborns, they can recognize their father's voice. They like to listen to his words as they watch his actions. This helps them learn language.



Happy Birthday!!

• *Tristan* *June 8*

• *Luke* *June 19*



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**Your Baby Was Born
To Learn.....**

Playgroups

Music and Me-Heartland Programs

Monday, June 13th / July 11th

700 Jupiter, Salina

11:00 am

Come and have some fun with music and dancing!

On The Pot-

Thursday, June 2nd

111 N. Santa Fe, Salina

5:00 or 6:00 pm

Join us to make a perfect gift for Dad or Grandpa!

Join Parents as Teachers Today!

PAT is for **all** families in the Ell-Saline School District with a child aged birth – 3 years of age.

Being in PAT you will enjoy playgroups, home visits and free development information.

One Little Foot, I Love You

Sit on the floor with your toddler in your lap.

Lift up one of his feet and say the following poem.

*One little foot, I love you.
One little foot, I love you.
Shake it to the left. (move your toddler's foot to the left)
Shake it to the right. (move your toddler's foot to the right)
One little foot, I love you.*

Kiss your toddler's foot.

Repeat the poem for as long as your child will sit still.

Say the poem about different parts of the body.
*One little hand ...
One little finger...*

One little head...

What Brain Research Says:

Adults can foster a toddler's sunny disposition with smiles and animated enthusiasm. The way a child feels about himself and the world is reflected in his relationship with his primary caregiver.

125 Brain Games for Toddlers and Twos-by Jackie Silberg



Relaxing Flowers

Five little flowers standing in the sun (hold up 5 fingers)

See their heads nodding, bowing one by one? (bend fingers several times)

Down, down, down comes the gentle rain (raise hands, wiggle fingers to simulate rain)

And the five little flowers lift their heads up again! (hold up 5 fingers)

