

# January 2012

**\*ELL-SALINE \***

Monday

Tuesday

Wednesday

Thursday

Friday

2 NO SCHOOL

3 TONY'S PIZZA  
Baby Carrots  
Pineapple chunks  
Vanilla Pudding  
B-Stick-Milk-Choice

4 CHICKEN PATTY  
Potatoes and Gravy  
Fresh Broccoli  
Orange Half  
Roll & Jelly  
Milk Choice

5 LASAGNA  
Tossed Salad  
Diced Peaches  
Garlic Bread  
Ranger Cookie  
Milk Choice

6 PIG IN A BLANKET  
Baked Beans  
Cole Slaw  
Crisp Apple Quarters  
Milk-Choice

9 CORN DOG  
Baked Beans  
Tri Tater  
Banana Half  
Milk Choice

10 CHILI &  
BAKED POTATO  
Green Pepper Strips  
Baby Carrots  
Pineapple chunks  
Cinnamon Roll  
Milk Choice

11 CHICKEN FAJITA  
Lettuce & Salsa  
Seasoned Rice  
Sliced Pears  
Sherbet  
Milk Choice

12 BEEF & NOODLES  
Mashed Potatoes  
Green Beans  
Orange Half  
Wheat Roll & Jelly  
Milk Choice

13 PANCAKES &  
HAM SLICE  
Tri Tater  
Baby Carrots  
Warm Spicy Apples  
Milk Choice

16

CHICKEN STRIP WRAP  
Lettuce & Ranch  
Fresh Broccoli florets  
Banana Half  
Bread Stick, Milk Choice

17 MEAT LOAF  
Potatoes & Br. Gravy  
Sweet Corn  
Crisp Apple Quarters  
Roll & Jelly  
Milk Choice

18 ITALIAN PASTA BAKE  
Green Pepper Strips &  
Baby Carrots  
Tropical Fruit Salad  
Garlic Bread  
Milk Choice

19 CRISPITO  
Lettuce & Tomato  
Refried Beans  
WG Tortilla Chips  
Sliced Pears  
Milk Choice

20 BIEROCK  
Tri Tater  
Baby Carrots  
Orange Half  
Ice Cream Cup  
Milk Choice

23

CHICKEN LEG  
Potatoes & Gravy  
Sweet Peas  
Mandarin Orange Fluff  
Roll & Jelly  
Milk Choice

24 BISCUITS & GRAVY  
Sausage Patty  
Tri Tater  
Baby Carrots  
Apricots  
Milk Choice

25 TACO SALAD  
WG CORN CHIPS  
Tomato Salsa  
Crisp Apple Quarters  
Apple Sauce  
Milk Choice

26 BEEF RAVIOLI  
Cottage Cheese  
Salad W/Spinach  
Diced Peaches  
Garlic Bread  
WG Sugar Cookie  
Milk Choice

27 TURKEY/CHEESE SUB  
Vegetable Stew  
Fresh Broccoli  
Pineapple Chunks  
Wacky Cake  
Milk Choice

30

ELL-SALINE PIZZA  
Salad W/Romaine  
Pineapple Chunks  
Vanilla Pudding  
Milk Choice

31 HAMBURGER  
ON A BUN  
Broccoli & Cheese  
Sun Chips  
Berries & Bananas  
Milk Choice

## Parents Welcome

Parents are always welcome to eat School lunch with their student. Please give the school office a call by 9am the day you want to come. Adult lunches are \$3.10 See you soon!

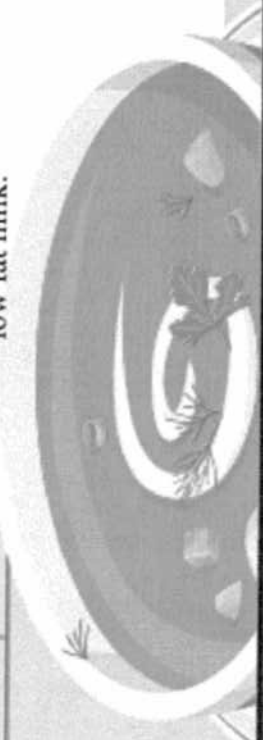
## Nutritious Snacks For After School

\*Rice Bowls-Leftover rice with veggies top with cheese and heat in the microwave.

\*Fruit Dippers-Fresh fruit with flavored yogurt for dipping.

\*Milk Mixer-2-3 tablespoons of your favorite instant pudding mix in 8 ounces of low fat milk.

WELCOME 2012



# December Staff Member of the Month



**Ashley Hanson is the December Staff Member of the Month. This is her second year at Ell-Saline teaching business and computer classes. She is a member of the Cardinals ROCK committee, year-book/newspaper sponsor, and high school scholars bowl sponsor. Mrs. Hanson loves her job and the classes she teaches because they involve skills that students will use their entire life. Outside of school, she enjoys reading, shopping, and spending time with her family and friends.**

# December Student of the Month

## Aubrey Wilson



**Aubrey Wilson is the daughter of Doug and Cary Wilson. She has two sibling that are twins, Kade and Keala. She participates in FOR, volleyball, basketball, track, FCA, Big Brothers Big Sisters, and student council. Outside of school she goes to church and enjoys playing sports, riding horses, hiking in mountains, and traveling. When she graduates she plans on going to Oklahoma or Tennessee to run track.**



# December Student of the Month Levi Harapat



Levi Harapat is the Middle School Student of the Month. He is the son of Chris and Paula Harapat and has two brothers, Chance and Brandon. As a seventh grader, Levi is involved in science olympiad, quiz bowl, track, and band. In his free time, he enjoys computers, video games, swimming, and hanging out with his family. In the future, he is interested in learning more about the stock market to make money.