



Spring is Coming!



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



Wednesday

Thursday

Friday

Grilled Chicken Sandwich **4**
Sliced Tomato, Leaf Lettuce
Oven Fries
Banana, Milk Choice

Tony's Pizza **5**
Fresh Baby Carrots
Garden Salad
Fresh Orange Halves, Milk

Ell-Saline Chili **6**
Bell Pepper Strips
Sliced Cucumbers
Apple, Cinnamon Roll. Milk

Chicken Patty **7**
Potatoes & Gravy
Tossed Salad
Tropical Fruit Roll & Jelly, Milk

Chicken & Noodles **1**
Mashed Potatoes
Fresh Baby Carrots
Grapes, Roll & Jelly, Milk

No School Today **8**
Teacher Work Day

No School Today **11**
Spring Break

No School Today **12**
Spring Break

No School Today **13**
Spring Break

No School Today **14**
Spring Break

No School Today **15**
Spring Break

Mini Meat Ball Sub **18**
Tri Tater
Celery & Cucumbers
Diced Peaches , Milk

White Chicken Chili **19**
Corn Bread, Cherry Tomatoes
Cucumber Slices, Banana
Honey Apple Crisp, Milk

Biscuits & Gravy **20**
Sausage Patty
Hash Brown Patty
Fresh Orange, Milk

Popcorn Chicken **21**
Baked Beans
Sweet Potato Tots, Crisp Apple
Roll & Jelly, Milk

Cheese Pizza **22**
Fresh Baby Carrots
Broccoli Florets
Pineapple Tidbits , Milk

Hamburger On A Bun **25**
Leaf Lettuce, Tomato Slice
Sweet Potato Tots
Mandarin Oranges, Milk

Fajita Chicken Wrap **26**
Tomato Salsa-Romaine Lettuce
Diced Tomatoes, Corn, Peaches
Oatmeal Cookie, Milk
MS/HS Spanish Rice

Grilled Chicken Sandwich **27**
Sweet Potato Waffle Fries
Green Beans
Fresh Grapes, Milk
MS/HS Brownie

Country Beef Patty **28**
Mashed Potatoes & Gravy
Tossed Salad
Roll & Honey
Strawberries & Banana Milk

Macaroni & Cheese **29**
Mini Meat Balls, Baby Carrots
Seasoned Peas, Apple Milk
7-12 Sliced Bread & Jelly,