

November 2018

Ell-Saline Elementary

LUNCH



School Information: Type your school information here.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

Monday

Tuesday

Wednesday

Thursday

Friday



5
Cheese Pizza
Broccoli Florets
Baby Carrots
Pineapple Tidbits
Milk

6
Popcorn Chicken
Baked Beans
Creamy Coleslaw
Orange Halves
Milk

7
Mini Meatball Sub
Potato Wedge
Baby Carrots
Banana
Milk

1
Chicken Wrap
Savory Rice
Lettuce & Tomato Slice
Tropical Fruit
Graham Snack
Milk

2
Chicken & Noodles
Mashed Potatoes
Green Beans
Baby Carrots, Grapes
Roll & Jelly
Milk

12
Baked Chicken
Savory Rice
Fresh Broccoli Florets
Apple Halves
Milk

13
Chicken Tetrizzini
Garden Salad
Baby Carrots
Garlic Bread
Banana
Milk

14
Hamburger on a Bun
Leaf lettuce, Tomato, Slice Bell
Pepper Strips
Oven Fries
Orange halves, Milk

8
Biscuit & Cream Gravy
Sausage Patty
Hash Brown Patty
Citrus Fruit Salad
Milk

9
White Chicken Chili
Corn Bread
Cherry Tomatoes
Cucumber Slices
Diced Peaches
Milk

19
Bean and Beef Burrito
Tortilla Chips, Tomato Salsa
Romaine Lettuce
Seasoned Corn, Apple
Milk

20
Country Beef Patty
Mashed Potatoes & Gravy
Steamed Broccoli
Roll & Jelly, Pineapple
Milk

21
No School Today

15
Roasted Turkey
Mashed Potatoes & Gravy
Green Beans
Diced Peaches
Dinner Roll & Jelly
Milk

16
Yummy Sloppy Joe
Tater Tots
Celery Sticks
Cucumber Slices
Grapes
Milk

22
Happy Thanksgiving
No School Today

23
No School Today

26
Pork Rib on a Bun
Leaf Lettuce & Tomato Slice
Sweet Potato Tots
Apple Halves
Milk

27
Taco Soup
Tortilla Chips
Refried Beans, Salsa
Strawberries & Bananas
Milk

28
Corn Dog
Baked Beans
Fruit Cocktail
Snickerdoodle
Milk

29
Chicken Strip Wrap
Leaf Lettuce & Tomato slice
Broccoli Florets
Baby Carrots
Red Grapes
Milk

30
Turkey & Cheese Sub
Seasoned Corn
Garden Salad
Fresh Orange
Milk