



11/16 Ell-Saline Thanks Giving Dinner ...

Family, Come Join your Student for Lunch.

Reservations to the School Office by Nov. 10th



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

Ell-Saline is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Wrap 1
Seasoned Rice
Lettuce & Tomato Slices
Tropical Fruit
Graham Snack
Milk

Chicken Chili Crispito 2
Refried Beans,
Tortilla chips
Tomato Salsa
Diced Pears
Milk

Pig in a Blanket 3
Tri Tater
Fresh Broccoli
Apple Halves
Milk

Cheese Breadsticks 6
Marinara Sauce
Tossed Salad
Corn
Apple Halves, Milk

Chicken And Noodles 7
Mashed Potatoes
Baby Carrots
Fresh Grapes
Roll & Jelly, Milk

Pulled Pork on A Bun 8
Baked Beans
Coleslaw
Banana
Milk

Chicken Nuggets 9
Oven Fries
Cherry Tomatoes
Celery Sticks
Tropical Fruit, Milk

Ell-Saline Pizza 10
Baby Carrots
Broccoli Florets
Pineapple Tidbits
Milk

White Chicken Chili 13
Corn Bread
Cherry Tomatoes
Cucumber Slices
Apple Sauce, Milk

Cheese Pizza 14
Baby Carrots
Broccoli Florets
Fruit Cup
Milk

Biscuit & Gravy 15
Sausage Patty
Hash brown Patty
Diced Peaches
Milk

Turkey Slices 16
Sweet Potatoes
Green Beans,
Orange Halves
Cranberry Sauce
Pumpkin Cake, Milk

Mini Meatball Sub 17
Tri Tater
Tossed Salad
Apple Half
Milk

Hamburger on a Bun 20
Leaf Lettuce, Tomato Slice
Bell Pepper Strips
Orange Halves
Milk

Mac and Cheese 21
Little Smokies
Baby Carrots
Tropical Fruit
Sliced Bread and Jelly
Milk

22
No School Today!

23
Happy Thanksgiving!

24
No School Today!



Bean and Beef Burrito 27
Tortilla Chips
Tomato Salsa
Leaf Lettuce, Tomato slice
Corn, Banana, Milk

Stromboli 28
Garden Salad
Baby Carrots
Diced Peaches,
Milk

Chicken Wrap 29
Cucumbers & Celery
Fruit Cocktail
Brownie
Milk

Turkey and Cheese Su 30
Leaf Lettuce & Tomato
Sweet Potato Fries
Apple Halves
Milk

12/1
Country Beef Patty
Potatoes & Gravy
Steamed Broccoli
Grapes
Roll & Jelly
Milk