

May 2017

Lunch is ready, Come enjoy it!

LUNCH



Congratulations Class of 2017!



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
 - Be active together as a family.
 - Physical activity should be fun and offer variety.
- Count down to Summer Break !!



Monday

Mac & Cheese **1**
Beef Hot Dog
Broccoli Florets 18days
Apple Halves,
Bread & Jelly, Milk

Elem- Tony's Pizza **8**
MS/HS Breadsticks & Marinara
Broccoli Florets,
Seasoned Corn
Orange Slices, Milk 11 days

Mini Meatball Sub **15**
Tri Tater, Leaf Lettuce
Tossed Salad
Banana, Milk 4 days

Fly a Kite..... **22**

Scan the Stars * * * * * **29**

Tuesday

Elem- Taco Soup **2**
MS/HS- Tostada, Salsa
Tortilla Chips, Cantaloupe
Garden Salad, Brownie
Milk 17 days

Chicken & Noodles **9**
Mashed Potatoes 10 days
Fresh Baby Carrots
Fruit, Roll& Honey, Milk

Country Beef Patty **16**
Potatoes & Gravy 3 days
Steamed Broccoli
Orange Halves, Roll, Milk

Summer Time **23**
Swimming Time~~~~

Walk to the Park **30**

Wednesday

Rib on a Bun **3**
Cucumber & Celery
Sweet Potato Fries
Banana, Milk 16 days

Elem-Yummy Sloppy Joe **10**
MS/HS – Pulled Pork on a Bun
Cucumbers & Celery
Oven Fries, Red Pepper Strips
Apple Halves, Milk 9 days

Elem- WG PBJ Sandwich **17**
Graham Snack (2 days)
MS/HS – Corn Dog, Baked
Beans. Snickerdoodle.
All Schools-Apples, Carrots,
WG Chips, Milk

Climb a tree,,,,,,,,,,,, **24**

Enjoy your Summer! **31**

Thursday

Beirock 15 day **4**
Creamy Coleslaw
Baby Carrots, Tri Tater
Diced Peaches, Milk
(MS/HS Cheese Stick)

Elem- Sub Sandwich **11**
MS/HS- Chicken Sandwich
Lettuce and Tomato Slice,
Sweet Potato Fries, B. Beans
Red Grapes, Milk 8 days

Last Day of School **18**
11:00 Dismissal 1 Day
No Lunch Today

Take out the Trash """" **24**

Friday

Chicken Wrap **5**
Lettuce & Tomato
Seasoned Rice
Pineapple Tidbits
Milk 14 days

Chicken Tetrzzini **12**
Tossed Salad 7 days
Peas, Garlic Bread
Tropical Fruit, Milk

Ahh- Sleep In Today! **19**
Summer Break- Yeah!!

Ride a bike! o-to **26**

