



School Information:

WG=Whole Grain

Ell-Saline is an equal Opportunity Employer



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



Wednesday

Thursday

Friday

1
Pancake on a Stick
w/Syrup
Apple Sauce
Milk and Juice Choice

2
WG Biscuit & Gravy
Sausage Patty
Fresh Grapes
Milk and Juice Choice

3
WG Cereal &
String Cheese
Fresh Orange
Milk and Juice Choice

6
French Toast Sticks
W/Syrup
Banana
Milk & Juice Choice

7
Oatmeal Round
Yogurt Cup
Diced Peaches
Milk & Juice Choice

8
WW Bagel
w/ Cream Cheese
Fresh Apple
Milk & Juice Choice

9
Blue Berry Muffin
WG Cereal
Mandarin Oranges
Milk & Juice Choice

10
Breakfast Pizza
Pineapple Tidbits
Milk & Juice Choice

13
WG Cereal
Yogurt Cup
Fresh Apple
Milk & Juice Choice

14
Pancakes & Sausage
w/Syrup
Tropical Fruit
Milk & Juice Choice

15
Excellent Egg Taco
Tomato Salsa
Diced Peaches
Milk & Juice Choice

16
WG Cinnamon roll
WG Cereal
Fresh Orange
Milk & Juice Choice

17
No School Today
Teacher In Service

20
No School Today
Spring Break

21
No School Today
Spring Break

22
No School Today
Spring Break

23
No School Today
Spring Break

24
No School Today
Spring Break

27
No School Today
Spring Break

28
Biscuit & Gravy
Sausage Patty
Fresh Orange
Milk & Juice Choice

29
WG Cereal
String Cheese
Diced Pears
Milk & Juice Choice

30
Pancake On A Stick
w/Syrup
Fruit Cocktail
Milk & Juice Choice

31
WG Pop Tart
WG Cereal
Fresh Apple
Milk & Juice Choice